



Unit Swim Test Procedures

The swim classification of individuals participating in a Scouting America activity is a key element in both Safe Swim Defense and Safety Afloat. The swim tests must be renewed annually, preferably at the beginning of each outdoor season. Traditionally, swim classification tests have been conducted upon arrival at Summer Camp which we highly recommend. However, there is no restriction that this is the only place the test may be conducted. It is recommended to swim check in a lake to recreate camp environment. Some scouts who are confident pool swimmers are not confident lake swimmers. This document outlines the procedure to be incorporated by units choosing to conduct the swim test prior to arrival at Woodruff Scout Camp. As people are not typing at the pool, names may be pre-typed but not the classifications.

***Please review this entire document prior to submitting your swim tests. All swim tests must be conducted by a person meeting the qualifications outlined in this document, and their certification must be attached to your form.**

Special Note: *Although swim tests may be conducted prior to summer camp, the Aquatics Director is expected to review or retest any Scout or Scouter whose skills appear to be inconsistent with their classification. Additionally the aquatics program director is authorized to retest any Scout or group of Scouts when they are reasonably concerned that pre-camp swim tests were not properly administered.*

The swim classification test conducted at the unit level must be administered by a person holding a **current certification** in any one of the following:

**Aquatics Instructor (With Current Lifeguard Certificate)
BSA Lifeguard
American Red Cross Certified Lifeguard
Aquatics Safety: Swimming and Water Rescue trained personnel
Water Safety Instructor (WSI)**

Please note that while further training is not required, a copy of the certification for the person administering the test is required to be attached to the final roster from the testing session. If you have someone certified other than with the above mentioned groups do your swim test, please reach out to verify we can accept the test prior to arrival so that you and your Scouts are prepared.

Must have actual Certificate Card, NO Scout Book Records.

Questions? Contact Woodruff Scout Camp Aquatics
Lisa, 828-545-5553; lm.gittings@gmail.com

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Purpose of this Policy

The Scouting America aquatics program has five basic objectives.

- To give youth self-confidence and skill in aquatics
- To instruct youth in self-preservation, the care and use of aquatics equipment and rescue methods
- To promote aquatics recreation
- To develop physical strength and coordination
- To aid units in planning and conducting a safe year-round aquatics program

Administration of the Swim Test

Swim classification tests must be conducted after January 1st of the current year prior to the units' arrival at camp.

All persons participating in Scouting America are classified according to swimming ability. The swim test classifies Scouts and Scouters into three swimming ability groups: swimmer, beginner and non-swimmer.

- The **swimmer** classification demonstrates the minimum level of swimming ability required for safe deep-water swimming.
- The **beginner** classification demonstrates that the Scout is ready to learn deep-water skills and has the minimum ability required for safe instructional and recreational activity in a confined swimming area in which shallow waters, sides, or other support are less than 25 feet from any point on the water.
- All Scouts and Scouters who do not complete the beginner test or who choose to not participate in any test are classified as **non-swimmers**. All non-swimmers should be encouraged to take swim lessons to improve their swimming ability and become comfortable participating in water activities.

The Scouting America Swimmer and Beginner Test

• Swimmer Test

Jump feet first into water over the head in depth. Level off and swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.

• Beginner Test

Jump feet first into water over the head in depth, level off, and swim 25 feet on the surface. Stop, turn sharply, resume swimming and return to the starting place. Anyone who has not completed either the beginner or swimmer tests is classified as a nonswimmer.

Examples of Reasons for not Passing the Test

The Scouting America has identified several reasons for a Scout or Scouter to not successfully complete the swim test.

- Underwater swimming
- Dog paddling
- Resting in the middle of the test
- Treading water and not maintaining a forward motion
- Not floating at the end of the test
- Swimming too fast and appearing to be too tired at the end of the test.

